

SHIP Community Partners in Minnesota Senate District 23

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*Healthy communities
create opportunities
for all Minnesotans to
live longer, healthier
lives.*

*Across the state,
communities are
working together
through the Statewide
Health Improvement
Partnership (SHIP) to
expand opportunities
for active living,
healthy eating and
tobacco-free living.*

For more information
about SHIP, contact your
local SHIP coordinator:

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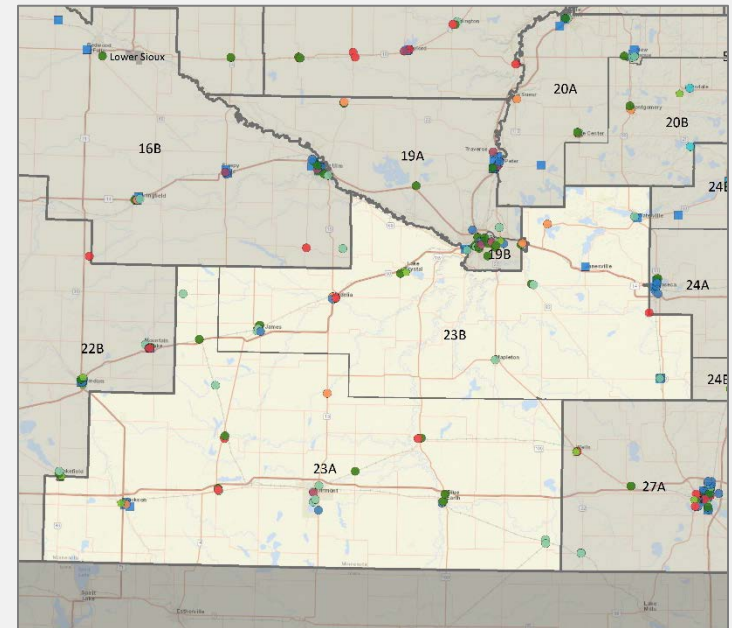
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SHIP STRATEGIES:

- Active Living
- Healthy Eating
- Tobacco
- Schools
- Child Care
- Health Care
- Workplace
- Multiple Strategies
- New Partner Sites
- Tribal SHIP and Tobacco Grants



Data represents SHIP community partners and their SHIP strategies during the period of Jan. 1, 2016 – Sept. 23, 2016. New partner locations were reported to MDH on Feb. 9, 2017; additional detail on strategies for these locations will be available April 1, 2017.

Office of Statewide Health Improvement Initiatives, February 2017.

COMMUNITY PARTNERS

ACTIVE LIVING

SHIP helps community partners develop and implement plans that increase opportunities for walking and bicycling in communities.

Blue Earth Area Active Living
City of Fairmont
City of Jackson
City of Madison Lake
City of Trimont
Truman Active Living
Watonwan County Active Living

HEALTHY EATING

SHIP increases access to healthier foods through work with food shelves, corner stores, farmers markets and community-based agriculture.

Bean Town Grill
Buds Cafe and Market
City of Butterfield
City of Odin
Cup N Saucer
Jakes Pizza
Janesville Food Shelf
Jubas
Kinderready Preschool and Daycare
Loaves & Fishes Food Shelf
LSS MN Senior Nutrition Program Congregate
Gus Johnson Plaza
Madelia Mobile Village
New Richland Area Food Shelf
Poppes Gas Station
Shell Gas Station
St. James Catholic Church
Stevermer Catering

The Village
Toddler Town

TOBACCO

SHIP develops and implements plans that increase smoke-free housing options and reduces youth access to tobacco products.

Amberfield Madelia
Amberfield Place (3)
Garden Court Apartments
Waseca County Parks

SCHOOLS

SHIP provides technical assistance to increase access to fresh local foods and give students more opportunities to be physically active before, during and after school.

Blue Earth Area Schools
Butterfield Schools
Granada Huntley East Chain Lk. Crystal-Wellcome Memorial Secondary
Martin County West
Sherburn Elementary
St. Clair Elementary
St. James Northside Elementary
Trimont Elementary
Winnebago Elementary

HEALTH CARE

SHIP initiates and builds stronger relationships between clinics and community partners and increases access to programs that prevent chronic diseases.

Human Services of Faribault & Martin Counties

Madelia Comm. Hospital

WORKPLACE

SHIP partners with employers to create workplaces that are tobacco-free, support breastfeeding, and promote physical activity and healthy eating for employees.

City of St. James
Des Moines Valley Health and Human Services
Faribault County
Hy-Vee Foods - Fairmont
Smithfield Foods
Tony Downs - Madelia
Watonwan County Human Services

MULTIPLE STRATEGIES

City of Lake Crystal
Jackson Cty. Central Senior High
Lake Crystal Wellcome Memorial Elementary
Madelia Elementary
Riverside Elementary
St. James Secondary

NEW PARTNER SITES

Hillcrest Rehabilitation Center
Jackson HRA
Janesville Waldorf
Pemberton Schools - Secondary
New Richland Food Shelf
New Richland Hartley
Ellendale Geneva Schools - Secondary
Sunrise Estates
Waterville Elysian
Morristown Schools
Waterville Elysian
Western Community Action - Jackson

Story from the field

BRINGING LOCAL FOOD TO LOCAL KIDS AND SENIORS

What do some of Blue Earth County's youngest and oldest residents have in common? Through partnerships between BE WELL (Blue Earth Co SHIP), the Minnesota Valley Action Council (MVAC) Food Hub in Mankato, local school districts, and senior nutrition programs, both school age kids and area seniors are consuming more locally grown produce.

These partnerships began in 2014 when the MVAC Food Hub received BE WELL funding for equipment that allowed them to process locally grown produce for schools and other institutions.

BE WELL connected local schools with the food hub to help schools procure local healthy foods. Over 7,500 students from three local districts (77, 2071, & 2135) are eating local produce from the MVAC Food Hub.

School age kids are not the only ones eating more produce: adults over age 60 who participate in Lutheran Social Services (LSS) Senior Nutrition Program are also consuming more fruits and vegetables. Partnerships between the MVAC Food Hub, BE WELL and Healthy Together (Nicollet-Brown-LeSueur-Waseca Co. SHIP) have helped LSS kitchens to source, process and prepare local produce.

Through this initiative, LSS transformed kitchen practices and added the MVAC Food Hub as an official vendor. With local food and seasonings, their head cook is reducing salt and sugar content in the recipes they use, while maintaining great flavor.

Through these initiatives, both kids and seniors are eating healthier. This is evident in the amount of produce each location has received; St. Clair Schools – 770 pounds; ISD77/Mankato Area Public Schools – 9,864 pounds; LSS – 2,477 pounds, and Lake Crystal Wellcome Memorial Schools – 629 pounds.

The MVAC Food Hub also sources from producers within 50 miles of Mankato, supporting local farmers.