



CREATING BETTER HEALTH TOGETHER ACROSS MINNESOTA

SHIP Community Partners in Minnesota Senate District 19

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*Healthy communities
create opportunities for all
Minnesotans to live longer,
healthier lives.*

*Across the state,
communities are working
together through the
Statewide Health
Improvement Partnership
(SHIP) to expand
opportunities for active
living, healthy eating and
tobacco-free living.*

For more information about SHIP, contact
your local SHIP coordinator:

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SHIP Community Partners
Legislative Districts 19A & 19B



Data represents SHIP community partners and their SHIP strategies from September 24, 2016 to August 25, 2017.

Office of Statewide Health Improvement Initiatives, January 2018



ACTIVE LIVING

City of Eagle Lake
City of Saint Peter

CHILD CARE

Peter Pan Preschool and
Childcare

HEALTHY EATING

Big Dog Treasures and Coffee
ECHO Food Shelf
Growing with Grace
Community Garden
Heart and Soil Community
Garden
LSS Senior Congregate
Dining
Minnesota Valley Action
Council
Saint Peter Farmers Market
Sunrise Assembly of God

HEALTH CARE

Benedictine Living
Community of St. Peter
Parkview Manor Senior
Housing
Realife Cooperative Senior
Housing
River's Edge Hospital and
Clinic
St. Peter Public Library

MULTIPLE STRATEGIES

City of Mankato
Intergovernmental Center
Nicollet County Public Health
Open Door Health Center
VINE Faith in Action

SCHOOLS

Central Freedom School
Central High Area Learning
Center
Dakota Meadows Middle
School
Eagle Lake Elementary
Franklin Elementary
Hoover Elementary School
Jefferson Elementary
John Ireland School
Kennedy Elementary
Lafayette Charter School
Mankato East Senior High
Mankato West Senior High
Monroe Elementary
Nicollet Public School
North Intermediate School
Roosevelt Elementary
Rosa Parks Elementary
School
South Elementary School
St. Peter Evangelical
Lutheran School
Washington Elementary

WORKPLACE

Blue Earth County
Government Center
Blue Earth County Historic
Courthouse
Blue Earth County Justice
Center
Blue Earth County Library
Children's Museum of
Southern Minnesota
City of Mankato Public Safety
Center
City of Mankato Public
Works
City of Mankato Regional
Airport
City of Mankato Verizon
Wireless Civic Center
City of Mankato Waste
Water Treatment Center

Mankato Clinic
Dermatology
Mankato Clinic J Scott Sleep
Center
Mankato Clinic Main Street
Mankato Clinic Psychiatry
and Psychology
Mankato Clinic Urgent Care
Occ. Med
Mankato Clinic Children's
Health Center
Mankato Clinic Wickersham
Health Campus
Mankato Clinic,
Administrative Office
Mankato Downtown Hy-Vee
Mankato Hilltop Hy-Vee
Region Nine Development
Commission
St. Peter Community Center

Story from the field

FILLING UP ON A HEALTHY BEVERAGE OPTION

Who doesn't want kids to drink more water? SHIP works to promote this healthy option, and in Blue Earth County, SHIP partnered locally to get Mankato students easier access to this healthy beverage at school.

In spring 2017, BE WELL (the Blue Earth County SHIP grantee) and Nicollet County SHIP worked with eight Mankato Area Public Schools to complete their School Health Index (SHI), an assessment and planning tool schools use to improve health and wellness policies. The SHI had already been completed at the district level; the additional assessments now provide direction for health improvement efforts at the individual school level.

One of the emerging themes from the SHI results was lack of easy access to water in the schools.

SHIP staff at both Blue Earth and Nicollet counties worked with the schools to install 22 hydration stations, which were purchased with SHIP funds, while the schools covered installation costs. To further support the effort, the schools changed existing policies to allow students to carry reusable water bottles into classrooms.

"I drink more water because it is easier to fill my water bottle," said one fifth-grade student at Washington Elementary.

"Everyone is so glad we have [a hydration station]. It definitely helps the kids drink more water during the day because it's easier to fill up their water bottles," said Kennedy Elementary staff member Brittinni Lockwood.

The project impacts over half of the schools in the Mankato district, reaching more than 4,000 students and 450 staff.